

# Air Pressure Setup Procedure



step 1

- Unscrew air valve cap using a flat-head screwdriver



step 2

- Connect adapter to high pressure air pump



step 3

- Screw adapter (and attached pump) onto seatpost valve



step 4

- Pump air to 120-180 Psi

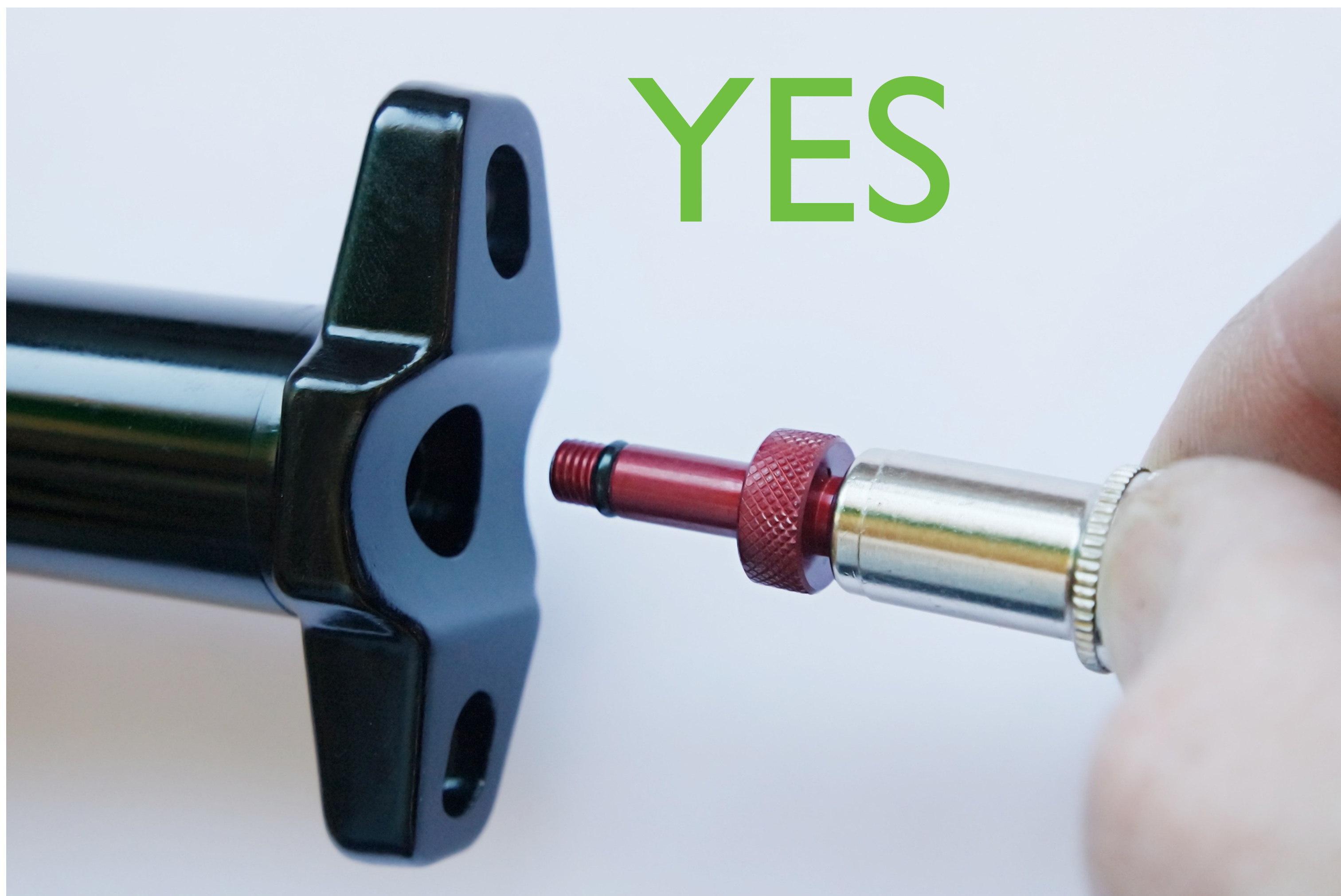
*Note: The Optimizer seatpost has been designed to operate at lower pressures compared to other seatposts. The default operating pressure is 150 Psi but it can be well operated in the 120-180 Psi range.*

*Increasing pressure over the recommended limit will only add stress to the seals and **WILL NOT** increase the system's extension speed.*





**Do not disconnect pump from adapter**



step 5

- Disconnect adapter (and air pump) from valve port

*Note: Upon disconnection of the adapter from unit, the pressurised air in the pump hose will be released. This is normal and it doesn't affect the air pressure in the seatpost.*



step 6

- Reinstall port cover screw